



**I will show you what it is like when someone comes to me, listens to my teaching and then obeys me. It is like a person who builds a house on a strong foundation. When the floodwaters raise, the house built upon the rock, it will stand firm.
Luke 7:47-48**

March 2019 Newsletter

Welcome to the first few days of March. At this point it may look just like January and March. But wait there is a new day coming. Here at Sacred Heart Grade School we are looking towards the Church Season of Lent. It begins on the 6th of March. Just 40 days later we will celebrate Holy Week and Easter Sunday.

This year we are having a late Ash Wednesday. Ash Wednesday is not determined by the Roman calendar that we have all come to use, but it is determined by the phases of the moon. Our children are taught about Moses and his flight from the Israelites after 400 years of captivity. They had become a people of work only. They were not given the time to worship the Lord and to love their families. God was ready for them to leave and return to the promised land.

In the Bible it tells us that God gave them a day to prepare a feast, to eat it standing up with their sandals on and with their belts tied, and to be ready to leave this place. In doing this it set for us the Pascal Lamb. *We will be having Stations of the Cross on Fridays that we have class during Lent. We will do them in the church at 2:00. Please feel welcome to come in and join us. We love to have any whom are available. Lent is a time of preparing ourselves. Why not take a special time to read a story from the Bible with your children this year during Lent.

We will be having the Parent/Teacher conferences on March 7, 2019. This is a great time to take a look at all of the information teachers have accumulated for the year. It is a chance to see how far your student has come this year and where they are headed in the last nine weeks. Our students have each grown over the first $\frac{3}{4}$ of the year. We never know exactly how far we can take them, but in the end we pray that what we have helped them to learn will be what makes a difference and sticks in their minds.

We will be having pre-enrollment for preschool and kindergarten for next year on March 7, 2019. See the enclosed flyer and share it with a friend. We have been sharing it on Facebook so feel free to share that also.

Spring Break Officially begins on March 11, 2019 and we return to school on March 18, 2019. Please have a safe break and enjoy some family time with your children. We know that it is difficult to keep up with all that is going on at any time of the year, but maybe you can have a staycation and just kick back with the kids.

Sincerely,

Laura Foss

Sacred Heart Grade School



PRESCHOOL & KINDERGARTEN PRE-ENROLLMENT MARCH 7, 2019

Parents who wish to enroll their children in SHGS preschool or kindergarten next school year need to attend the pre-enrollment session on March 7th, from 1-3pm in the preschool classroom.

Preschool sessions and fees

MWF mornings for 4— year— olds @ \$100./month

T, Th mornings for 3— year— olds @ \$75./month

DOCUMENTATION NEEDED

The following documentation is required for enrollment: registered birth certificate from the State, the child's social security card, Baptism certificate (for Catholics only).

Those who will be attending our school for the first time next year will also need to furnish a health assessment signed by a doctor/health practitioner: "can be healthy form" filled out by the doctor's office would be fine and will need to be completed before school convenes in August. The school nurse will provide additional health information for all who come to pre-enrollment.

Parents of this years' 3-year-olds will have first choice of MWF mornings.

We have a limit of 12 students for each of our 2 sessions. After those spaces are full, names will be placed on a waiting list.



SHGS March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Early Dismissal @11:30 No Lunch served End of 3 rd Quarter (40)	2 1 st Reconciliation 3:00 P.M. Please pray for our second graders!
3	4	5	6 Early Dismissal 12:30 Teacher Meetings PM	7 Early Dismissal 11:30 Book Fair 11:30 – 7:00 Pre-K and Kdg 1-3:00 pre-enrollment Parent/Teacher Conferences 3-7:00	8 *No School Comp. Day	9
Day Light Savings 10 Time Ends	11 Spring Break Week Home & School 6:30	12 Spring Break Week	13 Spring Break Week	14 Spring Break Week	15 Spring Break Week	16
17 Saint Patrick's Day 	18 Classes Resume	19	20 ACRE Test for 5 th gr.	21 Kindergarten and 1 st grade retreat day!	22	23
24	25 School Council 7:00	26	27	28 2 nd and 3 rd grade retreat day!	29	30
31						

Remember Saint Patrick's Day is a way to celebrate the life of a man who forgave his captors and returned to their country to share the Good News of Christ's love for all people. The clover reminds of the Father, the Son, and the Holy Spirit.

Positivity is key when talking to your child about grades

Your child's report card came home and it was disappointing. You know she has the ability to do well. Her teachers have told you that every year. But she doesn't work up to her potential. What should you do?

The most important thing to remember is to keep your emotions in check. Getting angry or showing your disappointment just won't help. Instead, look for ways to encourage your child to do the best she can.

After you have had time to "digest" your child's report card:

- Ask her to talk about her grades. What does she think is going on? Does she complete her class work in school? Is she turning in her homework on time? Does she understand the lessons? Does she think there is anything she could do differently?
- Talk with her teacher. Are there any issues at school? Discuss ways you can work together to boost your child's performance. Perhaps your child could stay after school for extra help.
- Enforce a regular homework time. During that time, the TV should be off and the computer should be used only for studying. Set a timer for 20 minutes, then let her take a short break before getting back to work.
- Offer support. Provide help when necessary, but don't ever do your child's homework for her. Let your child take responsibility for completing her work. It's the only way she will get the practice she needs to succeed in school and in life.

Comprehension may improve with movement

Reading is often thought of as a calm and cozy activity. But research suggests that children can improve their comprehension and memory by moving around and acting out what they've read.

Acting out a phrase or a passage can help children make connections between the words on a page and real actions. Physically crawling, for example, can help a young child understand the word crawl better.

Here are some strategies for you and your child to try after reading a story together:

- Play dress up. Dress up as favorite characters. Use props from around the house and reenact exciting scenes. Use words from the story. "I'm climbing to the peak of the mountain! The very top!"
- Put on a play. Help your child write a short skit based on the story. Gather friends and family to participate or sit in the audience and cheer him on.
- Do a dramatic reading. Act out the story as you read it aloud. Take turns with your child or let him perform the whole thing. Use exaggerated actions and tones to bring the story to life.
- Plan a puppet show and act out a few scenes from the story with your child. If you don't have puppets, make some from old socks or small paper bags.

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The Parent Institute Monthly Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2019					1 Look at the moon With your child, keep a record of every night and draw what it looks like.	2 Write your child's name vertically. Have her use each letter in her name to begin a line of a poem.
3 Have your child set a weekly goal. Write it down. Invite other family members to do the same.	4 Have your child figure out the average age of family members. (Add up ages, divide by number of family members.)	5 If your child could be a famous person in history, who would he be? Why?	6 Let your child help you make a family chore chart. Everyone can check off jobs as they finish them.	7 Have a family Geography Challenge. Name a state, province or country. Who can call out the capital first?	8 Encourage your child to sort her books by subject. She can use the library's system or invent her own.	9 Let your child draw on paper with a white candle. His picture will appear when he paints over it with watercolors.
10 Set aside some time to spend one on one with your child today.	11 Create a family joke book. Write one or two jokes per page. Staple the pages together.	12 Play a game of Concentration with math flash cards. Problems with the same answer (9 x 2, 15 + 3) make a pair.	13 If your child could have just one wish, what would it be? Ask her!	14 Encourage your child to take risks as long as they don't affect his safety. For example, have him try a new food.	15 Have a family reading night. Everyone should curl up with a good book.	16 Visit the library with your child. Check out a book about science.
17 Fill glasses with different amounts of water. Have your child tap them with a metal spoon and listen to the tones.	18 Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	19 Talk with your child about new words that she thinks should be in the dictionary.	20 Read a story to your child. Later, ask him to retell it to you from memory.	21 Look over your child's homework. Give genuine compliments and helpful criticism.	22 At dinner, talk about how family members are achieving their weekly goals. Celebrate everyone's successes.	23 Let your child clean some dirty pennies with ketchup. Explain that this is a chemical reaction.
24 Practice origami with your child.	25 Look for a community service to do with your child. Consider donating gently-used clothes or toys.	26 List animals your child loves. If she could have any animal as a pet, which would it be? Why?	27 Watch the news with your child. Locate one place mentioned on a world map.	28 Play a game of tic-tac-toe with your child.	29 Tonight, take a walk with your child. See how many stars you can see.	30 Help your child cut an apple in half. Dip the cut edge in a shallow pan of paint. Press on paper for fruit prints.
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